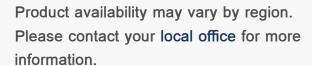


Olympic Flat Bench

Keystone | VST700-FW78

Add our Olympic Flat Bench to satisfy dedicated strength training enthusiasts seeking to maximize the muscles of their chest using heavy free weights. It's been tested to withstand hard use in tough environments, and refined ergonomics keep even the most intense sets comfortable. Best of all, our ultra-stable design is as easy-to-use as it is low-maintenance.





Frame

| Frame Color | Matte Black |
|---------------------|--|
| Frame Finish | Proprietary two-coat powder process |
| Tech Specs | |
| Overall Dimensions | 183 x 170.9 x 131.4 cm / 72.1" x 67.3" x 51.7" |
| Product Weight | 85.1 kg / 187 lbs. |
| Max User Weight | 150 kg / 330 lbs. |
| Max Training Weight | 300 kg / 660 lbs. |

User Amenities Upholstery Polyurethane molded foam Weight-storage Horns 4 weight-storage horns for max 25-kg / 55-lb. plates Inner Storage Horns Optional 4 inner horns for extra weight-storage (VST700-FWSH) Spotter Platform Optional (VST700-FWSP)